

# Testimonials

I want to tell you how **TMS has changed my life**. I have been diagnosed with severe depression for over 20 years. My mother, her siblings and all of my siblings have the genetic defect that results in severe depression and overwhelming anxiety.

As you know, my clinical depression has been very difficult to control despite numerous changes in medicines and over 15 years of counseling. After one month of treatments my family and friends tell me that they see in me a person that they have not seen in 20 years. One family member said "I don't know what you are doing differently - but whatever it is don't change."

My depression simply overwhelmed me before TMS and at times I felt that I had no hope. Now, I rest better at night, my anxiety level is almost nonexistent. It seems that the grass is greener, the sky is bluer and life has promise. With one monthly treatment I am able to maintain the progress that I have achieved.

As you know, my mother and brother had electric shock therapy which helped with their depression but caused significant permanent memory loss. In my profession I cannot risk memory loss so having the opportunity to have a procedure with all of the benefits of electric shock therapy without the negative effects was a godsend.

Thank you for introducing me to this wonderful treatment.

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Read the [Carole Rhodes Star News Article](#) on how TMS helped her reclaim her life from depression.

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Since I began receiving TMS treatments with Dr. Buongiorno the quality of my life has improved more than I ever could have imagined. I have struggled with depression for many years and had forgotten what it felt like to be truly happy until I tried TMS. The treatment has undoubtedly had many benefits for my daily life and I am exceedingly grateful for it.

The TMS treatments have helped my body and mind in numerous ways. They significantly reduced the frequency of migraines, which I suffered from often along with stress headaches. My memory has improved, and less stress and anxiety has allowed me to focus more on life and enjoying myself in it. I am more motivated now and am happy to have a restored energy level. While chronically depressed, waking up was the worst part of my day and I was most irritable in the morning, feeling as though the whole day was looming over my head and would most certainly bring more bad than good. Even if nothing bad did happen, my depression would still make the day feel like a dreary burden. After undergoing TMS treatments, I wake up mentally and emotionally balanced and excited for the day.

The effects of the treatment has been noticed by both my family and friends. As TMS relieves me of prolonged sadness and worry, people close to me have commented on catching me smiling more often and having a more positive outlook.

I would still be under the darkest rain cloud and without hope if I had not undergone this treatment with Dr. Buongiorno. He is a brilliant doctor who has explained every step of the process to me and understands why I have thus far chosen to use the maintenance magnet instead of trying more medication. TMS treatment allows people who struggle with depression the opportunity to combat it more with their own faculties, which is very important to someone like me. By lifting my depression, TMS has given me a new beginning, and I feel its greatest benefit is that it has given me a greater capacity for peace and love.